

**LMES—BREAKFAST****OCTOBER****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****Important Information:****2023-2024 Student Meal Prices:****Elementary, Middle & High Students:****Full-Price Breakfast: \$1.10****Reduced-Price Breakfast: \$0.30****\*Students are charged at the Full-Price rate until a meal application is received and approved.****Payments can be made in cash, check, or online at:****Linqconnect.com**Cafeteria Manager: Keysa Bice  
Contact: 706-857-6130School Nutrition Director:  
Brandie Wooten  
Contact:  
[bwooten@chattooga.k12.ga.us](mailto:bwooten@chattooga.k12.ga.us)  
or 706-859-3054

10

Pancake w/ Syrup & Sausage Patties  
OR Pop-Tart OR Cereal w/ Toast  
OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

11

Sausage Biscuit OR Breakfast Pizza  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

12

Chicken Biscuit OR Ham & Cheese Biscuit  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

13

Gravy Biscuit OR Donut  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

17

Waffles w/ Syrup & Bacon  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

18

Sausage Biscuit OR Breakfast Pizza  
OR Cereal w/ Toast OR Cereal Bar  
OR Pop-Tart  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice & Choice of Milk

19

Egg & Cheese Biscuit OR Cereal w/ Toast  
OR Cereal Bar OR Muffin  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

20

Chicken Biscuit  
OR Honey Bun w/ String Cheese  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

24

Apple Cinnamon Toast w/ Strawberries &  
Syrup OR Pop-Tart  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

25

Sausage Biscuit OR Breakfast Pizza  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

26

Cheese Biscuit OR Jelly Biscuit  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

27

Bacon, Egg & Cheese Biscuit  
OR Apple Bagel  
OR Cereal w/ Toast OR Cereal Bar  
  
Assorted Fruit & Assorted Yogurt  
Assorted Juice  
Choice of Milk

31

Pancake/Sausage Stick w/ Syrup  
OR Muffin OR Cereal w/ Toast  
OR Cereal Bar  
  
Assorted Yogurt  
Assorted Fruit & Assorted Juice  
Choice of MilkMenu subject to change without  
notice.This institution is an equal  
opportunity provider.